



PRAIA NO PARQUE

EST. 2018





GO WILD FOR A WHILE

ALERGÉNEOS ALLERGENS



Mostarda
Mustard



Ovos
Eggs



Aipo
Celery



Vegetariano
Vegetarian



Moluscos
Molluscs



Sésamo
Sesame



Amendoim
Peanut



Crustáceos
Crustaceans



Glúten
Gluten



Sulfitos
Sulphites



Frutos Casca Rija
Nuts



Soja
Soy



Peixe
Fish



Lactínicos
Dairy Products

NENHUM PRATO, PRODUTO ALIMENTAR OU BEBIDA, INCLUINDO O COUVERT, PODE SER COBRADO SE NÃO FOR SOLICITADO PELO CLIENTE OU POR ESTE INUTILIZADO.

PREÇOS EM €, IVA INCLUÍDO.

ESTE ESTABELECIMENTO DISPÕE DE LIVRO DE RECLAMAÇÕES

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NO DISH, FOOD PRODUCT OR DRINK, INCLUDING THE COUVERT, CAN BE CHARGED IF NOT REQUESTED BY THE CLIENT.

PRICES IN €, VAT INCLUDED.

THIS ESTABLISHMENT HAVE COMPLAINTS BOOK



COUVERT

PÃO, AZEITE VIRGEM EXTRA, MANTEIGA COMPOSTA, DIP 5,00€
BREAD, EXTRA VIRGIN OLIVE OIL, COMPOUND BUTTER, DIP



PLANT BASED

SALADAS E VEGETAIS
PLANT BASED, SALADS & VEGETABLES

BURRATA, TEXTURAS DE TOMATE 22,00€
BURRATA, TOMATO TEXTURES


BERINJELA, MISO, CEBOLETE 19,00€
EGGPLANT, MISO, SCALLIONS


SALADA DE ABACATE 20,00€
MANGA, TOMATE, DRESSING CÍTRICO 
AVOCADO SALAD, MANGO, TOMATO, CITRUS DRESSING

SALADA DE CARANGUEJO REAL 35,00€
ROMÃ, DRESSING DE TRUFA
KING CRAB SALAD, POMEGRANATE, TRUFFLE DRESSING




CRU

PARA PARTILHAR RAW, TO SHARE

**OSTRAS AO NATURAL
VINAGRE DE ESTRAGÃO (6UN)** **18,00€**

OYSTERS, TARRAGON VINEGAR



**CARPACCIO DE POLVO
MOLHO DE PIMENTOS** **23,00€**

OCTOPUS CARPACCIO, BELL PEPPER SAUCE



**CARPACCIO DE NOVILHO
RÚCULA, PARMESÃO, PESTO** **21,00€**

BEEF CARPACCIO, ARUGULA, PARMESAN, PESTO



**TÁRTARO DE ATUM
CAVIAR OSCIETRA** **31,00€**

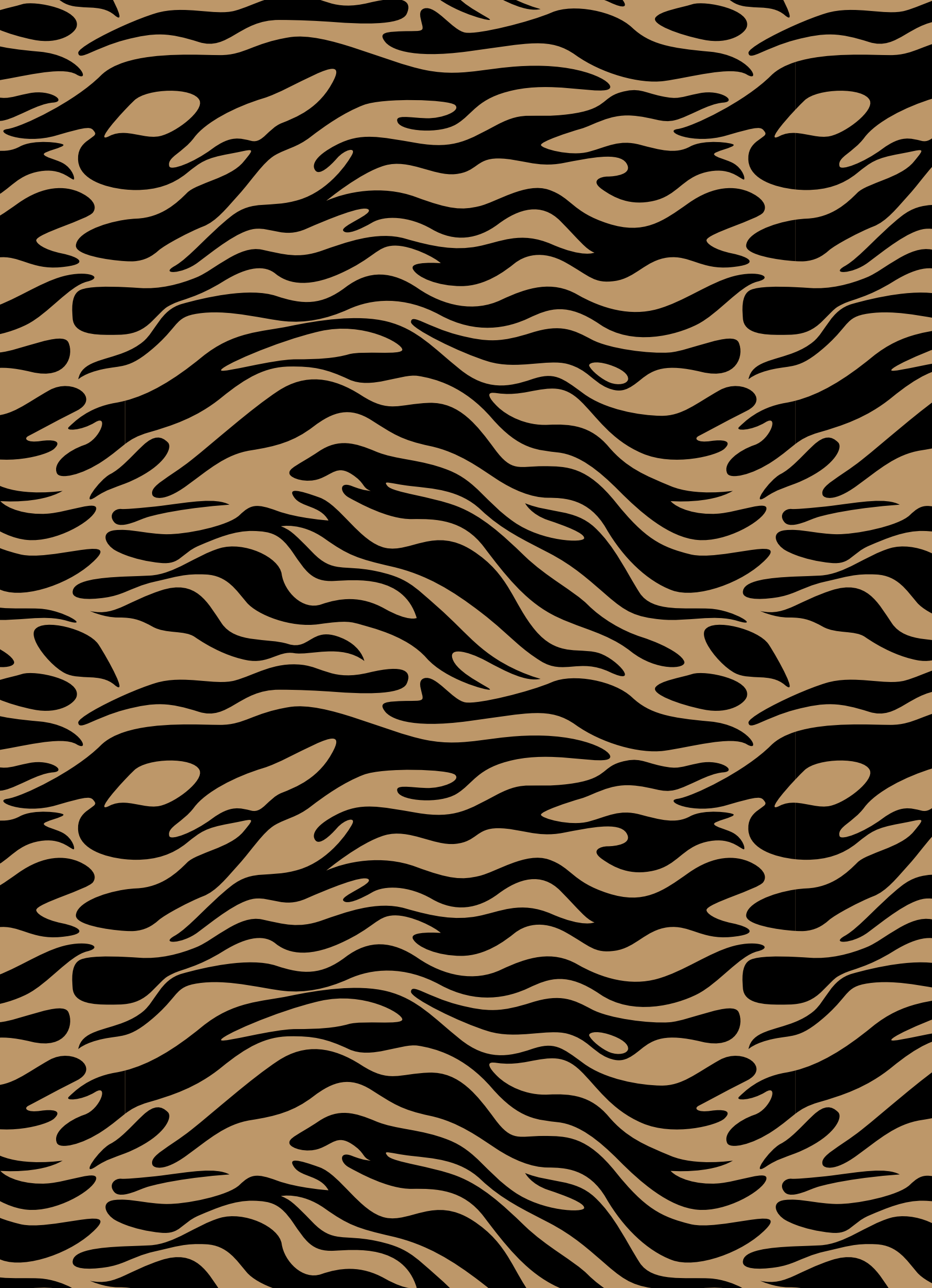
TUNA TARTARE, AVOCADO, OSCIETRA CAVIAR



**TÁRTARO DE NOVILHO
BATATA FRITA DE DUPLA FRITURA** **28,00€**

STEAK TARTARE, DOUBLE-FRIED FRENCH FRIES





ESPECIAIS

PARA PARTILHAR SPECIALS, TO SHARE

BAO DE PORCO ESTUFADO 7 HORAS (2UN) SLOW ROASTED PORK BAO 	19,00€
BIFE WELLINGTON (2 PAX) SALADA VERDE BEEF WELLINGTON, GREEN SALAD 	58,00€
TACOS DE CAMARÃO MAIONESE DE CHIPOTLE, MANGA, ABACATE (2UN) SHRIMP TACOS, CHIPOTLE MAYONNAISE, MANGO, AVOCADO 	20,00€
TACOS DE ATUM RÚCULA, MAIONESE DE LIMA (2UN) TUNA TACOS, ARUGULA, LIME MAYONNAISE 	22,00€
COXA DE PATO “À PEQUIM” PEKING DUCK STYLE DUCK LEG 	28,00€
PRAIA'S JUICY SMASH BURGER VITELA BARROSÃ, BRIOCHE, BURRATA, MOLHO TRUFA, PANCETTA, BATATAS FRITAS BARROSÃ VEAL, BRIOCHE, BURRATA, TRUFFLE SAUCE, PANCETTA , FRIES 	26,00€
CAVIAR OSCIETRA (50G) OSCIETRA CAVIAR 	110,00€
VIEIRAS GRELHADAS, TOGARASHI, LIMA (4UN) GRILLED SCALLOPS, TOGARASHI, LEMON 	23,00€
LOBSTER PIE (2 PAX) 	68,00€
ORECCHIA DI ELEFANTE , VITELA BRANCA (2 PAX) FRIED WHITE VEAL CHOP 	52,00€



PEIXE

FISH

BACALHAU, PIL PIL **32,00€**
ESPINAFRES SALTEADOS, PINHÕES

SALTED COD CONFIT, PIL PIL, SAUTÉED SPINACH, PINE NUTS



ATUM, MOLHO TONATO **30,00€**
TOMATE, AZEITONAS

BRAISED TUNA STEAK, TONATO SAUCE, TOMATO, OLIVES



ROBALO, BEURRE BLANC **29,00€**

SEA BASS, BEURRE BLANC



BARRIGA DE ATUM À BULHÃO PATO **34,00€**

TUNA BELLY, "BULHÃO PATO" STYLE



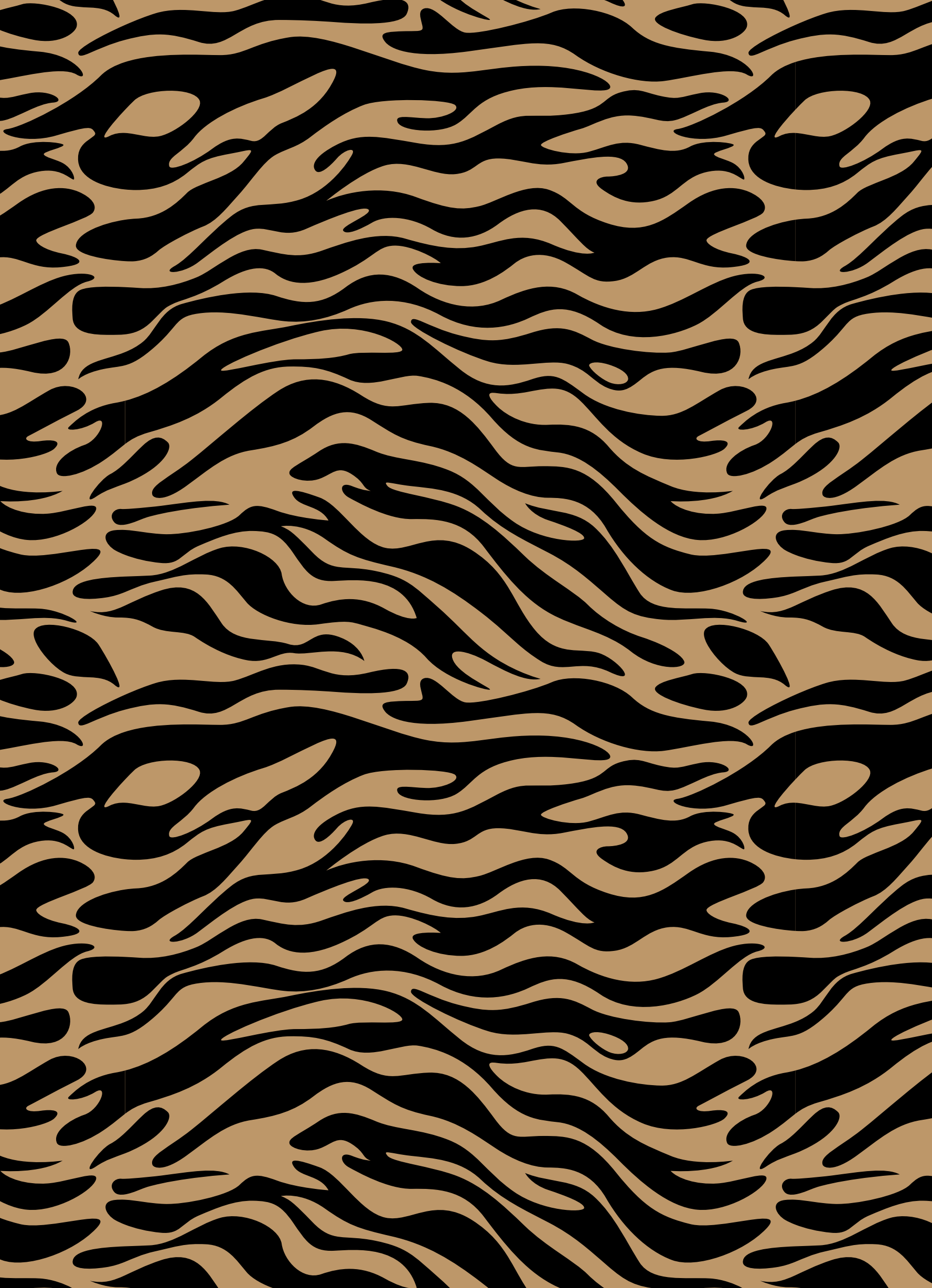


GRÃO-A-GRÃO

GRAINS OF THE WORLD

NASI GORENG ARROZ BALINÊS FRITO, LEGUMES, OVO* BALINESE FRIED RICE, VEGETABLES, EGG 	21,00€
ARROZ NEGRO, CARABINEIRO SQUID INK RICE, SCARLET SHRIMP 	38,00€
RISOTTO DE LIMA MAÇÃ VERDE, PARMESÃO  LIME RISOTTO, GREEN APPLE, PARMESAN ADD ON CARABINEIRO / SCARLETT SHRIMP ADD ON 	19,00€ 38,00€
RAVIOLI DE LAGOSTIM ESPARGOS, CAMARÃO CRAYFISH RAVIOLI, ASPARAGUS, SHRIMP 	28,00€
ORECCHIETTE, BROCCULOS, PANCETTA ORECCHIETTE, BROCCOLI, PANCETTA 	22,00€

*(OPÇÃO VEGETARIANA / ASK FOR OUR VEGGIE NASI GORENG OPTION)



GRILL

CARNES DO MUNDO MEATS OF THE WORLD

BRASIL

LOMBO (200G) **29,00€**
TENDERLOIN STEAK

POLÓNIA / POLAND

TOMAHAWK (1000G) **90,00€**

ARGENTINA

BIFE PARQUE (250G) **30,00€**
ANGUS HERITAGE
PARQUE STEAK

ARGENTINA

PICANHA BLACK ANGUS (250G) **34,00€**
RUMP CAP STEAK

ARGENTINA

RIBEYE BLACK ANGUS (300G) **52,00€**

JAPÃO / JAPAN

PREMIUM RIBEYE WAGYU (300G) **190,00€**


ESPANHA / SPAIN

PRESA IBÉRICA (300G) **32,00€**

ESCOLHA O SEU MOLHO CHOOSE YOUR SAUCE

**MOLHO
GORGONZOLA**
GORGONZOLA SAUCE

6,00€

**MOLHO
À CAFÉ**
"À CAFÉ" SAUCE

6,00€

**MOLHO
CHIMICHURRI**
CHIMICHURRI SAUCE

6,00€



ACOMPANHAMENTOS

SIDE DISHES

LEGUMES SALTEADOS STIR-FRIED VEGETABLES 	7,00€
SALADA DE VERDES E AROMÁTICOS GREENS & HERBS SALAD 	6,00€
BATATA FRITA DE DUPLA FRITURA DOUBLE-FRIED FRENCH FRIES	6,00€
BATATA DOCE ASSADA ROASTED SWEET POTATOES	6,00€
ARROZ AO VAPOR STEAMED RICE 	6,00€
LINGUINE COM TRUFA TRUFFLE LINGUINI 	19,00€
RISOTTO ALLA MILANESE SAFFRON RISOTTO 	12,00€



SOBREMESAS

DESSERT

COOKIE DE CHOCOLATE (2 PAX) **14,00€**

CHOCOLATE COOKIE



SORVETES *5,00€* | *7,00€* | *9,00€*

SORBETS



**MOUSSE DE CHOCOLATE
FLOR DE SAL, COOKIE** **7,00€**

CHOCOLATE MOUSSE, SEA SALT, COOKIE



**PETIT GÂTEAU DE CAMELO
GELADO DE AVELÃ** **9,00€**

CAMEL PETIT GÂTEAU, HAZELNUT ICE CREAM



**PUDIM DO ABADE
SORBET MARACUJÁ** **9,00€**

ABADE DE PRISCOS PUDDING, PASSIONFRUIT SORBET



**MOUSSE MASCARPONE
FRAMBOESA, SORBET MANJERICÃO** **9,00€**

MASCARPONE MOUSSE, RASPBERRY, BASIL SORBET



**MORANGOS MACERADOS
SPECULOOS COOKIES, DOUBLE CREAM, ZEST DE LARANJA** **9,00€**

MACERATED STRAWBERRIES, SPECULLOS COOKIES, DOUBLE CREAM,
ORANGE ZEST



**SOBREMESA MIX
MOUSSE DE CHOCOLATE, PETIT GÂTEAU DE CAMELO,
PUDIM DO ABADE, COOKIE DE CHOCOLATE** **30,00€**

MIX DESSERT

CHOCOLATE MOUSSE, CAMEL PETIT GÂTEAU,
ABADE DE PRISCOS PUDDING





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